Dr. Andry/Dr. Wijay Pre-Operative Liposuction Regimen:

* No aspirin, ibuprofen, herbal medications or blood thinners for 2 weeks before and after surgery. Please discuss all medications and supplements you are taking with the doctors at your pre-operative visit.
* No smoking or second hand smoke exposure for at least 4 weeks before and 4 weeks after surgery.
* You will give you the following medications prior to your procedure:
  + **Celebrex 100 mg**
  + **Tramadol 50 mg**
  + **Antibiotic (varies depending on allergies and previous exposures)**
  + **Anti-nausea medication if needed**
* You can start taking Arnica and Bromelain 1 week prior to surgery and continue for 1 week post op to decrease bleeding and inflammation
* DO NOT eat or drink anything other than a sip of water with medications after midnight before surgery
* On the morning of surgery, take 1 pill of the Celebrex along with 1,000 mg of Tylenol. This helps to block any pain receptors that may be activated during the procedure.
* Bring panties or a swimsuit that would be similar to something you would want to wear after surgery so that your scar line can be well hidden in these.
* If you have a history of nausea or vomiting after procedures or history of motion sickness, you should be given a Scopolamine patch to help prevent postoperative nausea. This will either be given to you as a prescription before surgery or in the pre-operative area.